

# *SOUTHDALE OLDTIMERS HOCKEY LEAGUE*



# *CONSTITUTION & BYLAWS*



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## Constitution of The Southdale Oldtimers' Hockey League

### 1. Name

- .1 The name of the organization will be the "Southdale Oldtimers' Hockey League" (hereinafter referred to as "the League", or "the SOHL").

### 2. Intent, Nature and Purpose

- .1 The intent of the League will be to promote and organize the playing of recreational hockey for adults.
- .2 The nature of play in the League will be maintained at a strictly recreational level, with low emphasis on competition between teams, and significant emphasis on the promotion of comraderie and good sportsmanship among all players.
- .3 The League will be operated on a nonprofit basis.

### 3. Membership

- .1 Any person in good standing of any community league is eligible for membership in the League, subject to age restrictions and other criteria as set forth in the Bylaws, and as approved by the Board of Directors.
- .2 Memberships will not exceed a duration of 12 calendar months from the date of registration, will be reviewed annually by the Board, and must be renewed annually by members.
- .3 Memberships in the League by any member may be revoked by the Board of Directors at any time, in accordance with the Bylaws.
- .4 Any person who elects to become a member of the League accepts the terms and conditions of the Constitution of the Southdale Oldtimers' Hockey League and the Bylaws of the Southdale Oldtimers' Hockey League.

### 4. Membership Fees

- .1 Each member duly accepted will be obligated to pay an annual membership fee.
- .2 The amount of the annual membership fee may be amended from year to year, as determined by the Board of Directors.
- .3 Methods of payment of membership dues will be as outlined in the Bylaws.
- .4 Membership fees, once paid, are non-refundable, regardless of circumstance, unless specifically authorized by the Board of Directors.



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**5. League Executive, Team Representatives and Board of Directors**

- .1 The business and affairs of the League will be managed by the Board of Directors.
- .2 The Board of Directors will consist of all members of the League Executive, plus a Captain and Assistant Captain from each team, hereinafter referred to as the Team Representative.  
**(amended April, 2003)**
- .3 The League Executive will consist of the following officers, who will be elected to these positions in accordance with the Bylaws:
  - President
  - Vice President
  - Secretary
  - Treasurer
  - Past President**(amended May/1999)**
- .4 Each team in the League will be represented by a Team Captain and Assistant Captain, or a designated alternate, satisfactory to the balance of members of the Board of Directors.  
**(amended April, 2003)**
- .5 A Team Captain and/or Assistant Captain may hold a position on the Executive, provided that an additional individual, satisfactory to the balance of the Board of Directors, agrees to act as Team Representative.

**6. Committees**

- .1 Committees may be established by the Board of Directors at any time, as considered appropriate, for the conduct of the current year's business.
- .2 Such Committees will report to the Board of Directors, and will at all times, operate and represent the League in accordance with the terms of this Constitution and the Bylaws of the League.
- .3 The Board of Directors will have the authority to disband any Committee, for any reason as it sees fit, at any time.
- .4 Any member in good standing in the League may occupy a position on a Committee, subject to acceptance by the Board of Directors.

**7. Playing Rules and Regulations**

- .1 Playing rules and regulations as outlined in the Bylaws will be adhered to by all members at all times.
- .2 Amendments to playing rules and regulations will be developed in accordance with the intent, purpose and nature of the League.

**8. Meetings**

- .1 Meetings will be convened and attended by the Board of Directors as required to conduct League



- business. Such meetings will be known as Regular League Meetings.
- .2 The Board of Directors will conduct Regular League Meetings at least twice per playing season.
  - .3 Once per playing season, the Board of Directors will invite the entire League membership to convene at a general meeting, called the Annual General Meeting, where League business as outlined in the Bylaws will be conducted.
  - .4 At any time, the Board of Directors, or any member in the League may organize and conduct a general meeting of League members. Such meetings will be known as Special Meetings.
  - .5 Any member in good standing will have the opportunity to attend any League meeting.

## 9. Quorum for Meetings

- .1 For the purpose of conducting League business at an Annual General Meeting or any Special Meeting of the general League membership, the following will constitute a quorum:
  - .1 The League President or Vice-President or Past President, plus
  - .2 The League Treasurer or Secretary, plus
  - .3 Two thirds of the number of teams in the League, each represented by one Team Representative,
  - .4 A minimum of fifteen (15) members of the general League membership, who do not hold a position on the Board of Directors.  
or
  - .5 A minimum of two-thirds of the total number of members in the League, none of whom hold a position on the Board of Directors

**(amended April, 2003)**

- .2 For the purposes of conducting League business at any meeting of the Board of Directors, where such meetings and business are permitted by this Constitution and accompanying Bylaws, the following will constitute a quorum.
  - .1 The League President or vice-president or past president, and
  - .2 The League Treasurer or Secretary, plus
  - .3 Two thirds of the number of teams in the League, each represented by one Team Representative.

**(amended April, 2003)**

## 10. Voting Rights and Privileges

- .1 Voting rights during Regular Meetings will be limited to the following:
  - .1 Each of the five members of the Executive will have one vote, for a total of five votes.
  - .2 Each Team Captain and Assistant Captain, or the designated team representative in the league present at the meeting will each have one vote unless they are acting in a League Executive position and vote in that capacity. The designated team representative cannot vote on behalf of both the Team Captain and Assistant Captain or be another Team Captain, Assistant Captain or representative of another team at a meeting. Such indication will be provided prior to the vote being taken.

**(amended April, 2003)**

- .2 Decisions by the Board of Directors at Regular Meetings will be rendered by a simple majority vote of those with voting privileges.



- .3 At any Special Meeting and at the Annual General Meeting, each member in good standing will have one vote.
- .4 Decisions by the general membership at the Annual General Meeting or any Special Meeting will be rendered by a simple majority vote by those with voting privileges.
- .5 In the event of a tie vote at any meeting, the President's vote will be considered the deciding vote.

**11. Adoption and Amendments**

- .1 This edition (September 1996) of the Constitution of the Southdale Oldtimers' Hockey League and this edition (September 1996) of the Bylaws of the Southdale Oldtimers' Hockey League may be adopted by the League by a majority vote of the general membership in the League, provided that at least two-thirds of the members have voted.
- .2 Amendments to the Constitution of the Southdale Oldtimers' Hockey League are permitted provided that at least two thirds of the membership present at a Special Meeting or Annual General Meeting agree to the amendment, and provided that notice of the proposed amendments have been provided to all current League members.
- .3 Amendments to the Bylaws of the Southdale Oldtimers' Hockey League are permitted by a simple majority vote of the Board of Directors during any Regular Meeting, Special Meeting or Annual General Meeting, provided that all members of the Board of Directors are present.

**12. Indemnification**

- .1 As a condition of membership and participation in the Southdale Oldtimers' Hockey League and in consideration of the management and other duties provided by the Southdale Oldtimers' Hockey League, the Executive thereof and anyone acting upon the behalf and/or instruction of either or both of them, and for good and valuable consideration, all members agree to release, indemnify and hold harmless the Southdale Oldtimers' Hockey League, the Executive and members thereof, the Southdale Recreation Association and anyone acting upon the instruction and/or behalf of any, several or all of them, and their heirs, executors, assigns, and administrators from and against all liabilities, actions, losses, costs, charges, damages and expenses which may be incurred by the member, or his estate, heirs, executors, assigns and administrators, howsoever caused and more specifically, without limiting the generality of the foregoing, caused by reason of the performance of their duties as members of the Board of Directors, or by virtue of their positions in the League, or in any matter relating thereto.
- .2 All members acknowledge that Oldtimers' hockey carries with it the risk of personal and other injury, acknowledge acceptance of that risk, and forever release the Southdale Oldtimers' Hockey



League, the Executive, Team Captains and Assistant Captains, all members of the League and the Southdale Recreation Association, and/or other persons acting on behalf and/or instruction from any, several or all of them, from liability arising from that risk.

**13. Precedence**

- .1 The Constitution of the Southdale Oldtimers' Hockey League will take precedence over the Bylaws.





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## Bylaws of the The Southdale Oldtimers' Hockey League

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### 1. Membership and Number of Teams

- .1 The privilege of membership in the League for any given hockey season will be limited to a maximum of 90 players, consisting of six (6) goaltenders and eighty-four (84) "skaters". This membership will be divided equally between 6 teams, with each team normally consisting of one (1) goaltender and fourteen (14) "skaters".
- .2 Applications for membership in the League will be received by the Board of Directors at a time and place as determined on an annual basis. Normally, these applications will be received during annual "winter program" registration at the Southdale Recreation Association, unless otherwise decided by the Board of Directors.
- .3 Applications for membership will consist of completed application forms, waivers, payment of membership fees and/or other documents as considered necessary by the Board of Directors.
- .4 Persons are eligible for membership in the League provided that they have attained the full age of forty (40) years as of September 1 of the year of registration. Underage persons will not be allowed without the approval of the Board of Directors, and only under special circumstances (such as the requirement for a goaltender). **(amended April, 2002)**
- .5 First priority for League membership will be provided to registrants who have played in the preceding hockey season provided that they represent a member in good standing.
- .6 Players attempting to join the League for the first time, or who have not played in the previous season will have their names, addresses, telephone numbers, and other information as considered necessary, recorded on a Waiting List.
- .7 In the event that the membership limit of 90 persons as described above is not satisfied by registrants from the previous year as described in 1.5 above, the Board of Directors will refer to the Waiting List for potential new members. New members from the Waiting List will be considered for membership in the League in accordance with these Bylaws and the following, which are listed in order of priority:
  - .1 Players who have played in the League in any previous year.
  - .2 Players who have demonstrated a desirable on-ice attitude, conducive to the intent and purpose of the League will be given next priority. Registrants are advised that an undesirable on-ice and/or off-ice attitude, considered by the Board of Directors to be non-conducive to the nature and style of play in the League will be considered sufficient grounds for refusal of membership in the League.
- .3 Other criteria or preferences to be applied in the selection of new members may include:
  - .1 Southdale, Island Lakes and Royalwood residents
  - .2 Participation in League tournament play.
  - .3 Personal "sponsorship" or recommendation for League membership by a member of the Board of Directors.
  - .4 Southdale Recreation Association involvements.
  - .5 Order of placement on the waiting list.
- .8 The Board of Directors will apply any or all of the criteria listed in 1.7 above in the selection of new



members, as considered in the best interests of the League.

## **2. Member in Good Standing**

- .1 A member will be considered to be in good standing only if all membership dues have been paid in full, all waivers and required registration documentation have been dutifully completed, and he is not under any League suspension or other disciplinary action.

## **3. Membership Termination or Suspension**

- .1 Any member of the League, excluding members of the Executive, may have their membership terminated or suspended at any time and for any length of time for violation of the League's Constitution and By-Laws, or for other due cause considered detrimental to the operation of the League, by a two-thirds majority vote by members of the Board of Directors at any Regular, Special or Annual General Meeting.
- .2 Any member of the Executive may have their membership terminated or suspended at any time and for any length of time for violation of the League's Constitution and Bylaws, or for any other due cause considered detrimental to the operation of the League, by a two-thirds majority vote of the general League membership at a Special Meeting or Annual General Meeting.

## **4. Membership Fees**

- .1 Annual membership fees and dues will be set annually by the Board of Directors based on an established annual operating budget.
- .2 Membership fees will be collected annually by the Treasurer, and will be payable at the time of registration by members. Time payment plans may be established by the Board of Directors as considered in the best interests of the League. Membership fees by new members (ie. those selected from the Waiting List) will be due and payable upon completion of registration requirements as for returning members.
- .3 Any member who remains in arrears on membership dues after 30 days following the date established for payment of dues will become inactive as a member, and will be ineligible to participate in League games until such time as dues are paid, or special permission is granted by the Board of Directors.

## **5. Meetings**

- .1 Regular meetings by the Board of Directors will be held at locations and times designated by the Board.
- .2 An Annual General Meeting of the League will be held at once each year, prior to the commencement of a new playing season, on a date set by the Board of Directors, at which time officers will be selected, reports of League operations presented, and other business transacted as considered appropriate by the Board of Directors and as properly brought before the Board of Directors prior to the meeting.

## **6. Formation of Teams**

- .1 All members in the League will register as individual players in accordance with registration procedures.



- .2 All members will be graded with respect to hockey skills and capabilities by the Board of Directors utilizing a rating system such that the formation of teams for regular League play equalizes, as much as possible and practical, the total combined skill level of each team.
- .3 The formation of teams for regular League play will incorporate a random drawing of players, except for Team Captains and Assistant Captains, who will automatically be placed on the same team.
- .4 In the event of the resignation of any member following acceptance of membership in the League, the Board of Directors will consider the replacement of this member by another player on the Waiting List in accordance with the selection criteria outlined in these Bylaws. Membership fees by the replacement player may be pro-rated based upon the timing of the replacement players entry to the League. Reimbursement of membership fees to the resigning player will be considered by the Board in accordance with the terms of the Constitution.

## **7. Player Shortages**

- .1 All teams will endeavour to field a minimum of one goaltender and seven skaters for each League game. Members expecting to be absent for upcoming games are expected to notify their Team Captain or Assistant Captain.
- .2 In the event that any team will knowingly or unknowingly be unable to field the above minimum number of players, other players from other teams may be called upon to substitute for the missing players, and will be subject to the control and direction of the Team Captain and/or Assistant Captain.
- .3 Where substitute players are used in League games, Team Captains and Assistant Captains from each of the respective teams will endeavour, wherever possible, to equate the playing calibre of each team by assigning individual players of varying capability to each others' teams, such that the skill level of each team is approximately equalized. Such equalization will normally be conducted during the pre-game warmup, or during the game, provided both Team Captains agree.
- .4 In consideration of the foregoing, a listing of spare players will not be maintained by either the League, nor any of it's respective teams, except in the case of goaltenders, which will be governed as follows:
  - .1 Prior to the commencement of the playing season, the Board of Directors will establish a list of spare goaltenders who have agreed to stand as such for occasional play in the League. In the event that a team's regular goaltender is unable to attend a League game, the Team Captain or Assistant Captain will arrange for a substitute goaltender to be supplied by another team in the League, or by a goaltender appearing on the spare goaltender list. Use of any goaltender not on the spare list will be approved by the President prior to his utilization. The President will consider the addition of said goaltender to the spare goaltender list.
  - .2 Spare goaltenders will be permitted to play in the League without payment of any membership dues or ice time fees.

## **8. Referee Absences**

- .1 In the event of the absence of the Referee for any regular League game by five minutes following the scheduled time for commencement of the game, respective Team Captains will organize members of their respective teams and these players will be randomly distributed into two new



teams for that game only. In this event, the game will be played under "gentlemen's rules", with the Team Captain of one of the two teams selected to moderate the game as a player/referee.

## 9. Ice Times

- .1 Icetime will be purchased by the League on behalf of the membership for the playing of hockey games.
- .2 Icetime purchased by the League will not be used for purposes other than that for which it was intended unless authorized by the Board of Directors.
- .3 Individual icetime secured by individual teams or individual members in the League will not be used for games unless authorized by the Board of Directors.

## 10. Powers of League Executive

- .1 All corporate powers, business and affairs of the league will be exercised by or under the authority of the League Executive.
- .2 Financial signing authority for the League will be provided by at least two of the following officers: President, Vice-President or Treasurer.
- .3 The Executive will act as the Board of Appeal on all matters properly brought before it. Decisions by the Board of Appeal will be rendered by a majority vote of the members of this Board. In the event of a tie vote, the President's vote will be considered the deciding vote.
- .4 Decisions rendered by the Board of Appeal will only be overturned by a two-thirds majority vote of the membership of the League at a Special Meeting called specifically to address the issue(s) at hand, or at the Annual General Meeting.

## 11. Duties of League Executive

- .1 The President will be the Chief Executive Officer of the League and will be responsible for:
  - .1 General supervision, direction and control of the business and affairs of the League
  - .2 Appointing committees, subject to the approval of the Board of Directors for any purpose considered necessary for League operations
  - .3 Serving as ex-officio member of all committees
  - .4 Carrying out, or causing to be carried out, all orders, resolutions, and motions as decided by the Board of Directors or the Board of Appeal.
  - .5 Acting as chairperson for all meetings held by the Executive, the Board of Directors, the Board of Appeal, as well as at the Annual General Meeting.
- .2 The Vice-President will serve as a member of the Board of Directors and will assume the duties of the President in the event of the President's absence.
- .3 The Past President will serve as a member of the Board of Directors and will assume the duties of the President in the event of the Past President's and Vice-President's absence.

**(amended April, 2003)**

- .4 The Treasurer will serve as the Chief Financial Officer for the League and will be responsible for:
  - .1 Preparation of an annual budget for League operations, such that annual membership dues may be determined by the Board of Directors
  - .2 Proper accounting of League revenue and expenses as authorized and approved by the Board of Directors
  - .3 Maintenance of a bank account in the name of the League



- .4 Preparation of periodic reports to the Board of Directors as required to advise of the status of League finances
- .5 Preparation of a Final Financial Report regarding League finances, and presentation of same at the Annual General Meeting.
- .5 The Secretary will serve as a member of the Board of Directors and will be responsible for:
  - .1 Recording minutes of all meetings of the Board of Directors, the Board of Appeal and at the Annual General Meeting.
  - .2 Serving appropriate advance notice regarding all upcoming meetings.
  - .3 Preparation of typewritten minutes of all meetings for distribution to meeting attendees.
  - .4 Maintenance of a record file of League correspondence.

## **12. Election of Executive Officers**

- .1 Team Captains, Assistant Captains and Team Representatives will expect to be nominated for service on the League Executive, subject to election as governed by these bylaws.
- .2 Generally, members of the League Executive are expected to serve a minimum of one calendar year, and preferably two calendar years.
- .3 A League Executive member's decision to continue to serve his position following his first one year term shall be his decision alone.
- .4 Generally, League operations are to be conducted such that not more than two (2) members of the Executive resign in any given year, such that continuity in terms of League operations is maintained.
- .5 In the event of the resignation of the President at any time during his normal term, except at the expiration of his term, the Vice-President will assume the position and duties as President.
- .6 In the event of the resignation of any member of the Executive other than the President, prior to the expiration of his term, a Special Meeting of the membership will be called at the earliest possible time to elect a new member to fill the vacated position. This requirement may be waived if a member acceptable to the remainder of the Board of Directors volunteers for the position.
- .7 Nominations for League Executive positions will normally be called for at the Annual General Meeting, or as provided for otherwise in these bylaws.
- .8 Nominations for League Executive positions will only be applied to members in good standing in the League.
- .9 Acceptance of nominations by members will be their decision alone, and will be made in full recognition of the duties associated with the position for which they were nominated.
- .10 In the event of more than one nomination for any given Executive position, a simple public majority vote of members present at an Annual General Meeting or Special Meeting will render a decision. Nominees will not participate in voting.

## **13. Duties of Team Captains and Assistant Captains**

- .1 Team Captains and/or Assistant Captains are expected to serve as a member of the Board of Directors of the League as provided for in these Bylaws, and will participate in League meetings and the management of League business as provided for in these Bylaws.
- .2 Most important, Team Captains and Assistant Captains will:
  - .1 Report to their respective teams regarding League operations.
  - .2 Exercise control and management of their respective teams, especially with regard to their style of play during regular League games. While individual players are responsible in their own right for their actions on and off the ice during League games and activities, Team Captains are expected to lead and control their players in this regard.



- .3 Set an example regarding the intent of the League, the style of play desirable in the League and the type of conduct considered desirable in the League by all of its members.
  - .4 Assist the League Executive in the administration of League operations by carrying out duties as may, from time to time, be requested of them.
  - .5 Notify players on their respective teams regarding the serving of any temporary suspensions from League play in accordance with the Playing Rules as outlined in these Bylaws, or as decided upon by the Board of Directors.
- .3 Team Captains and Assistant Captains will have the authority to call for the dismissal from the game of any player on their own respective team, if in their opinion, that player jeopardizes the recreational nature and intent of the League during any regular League game. In this event, no penalty infraction will be recorded, and no additional suspension will be awarded to the offending player provided that he abides by the Team Captains' or Assistant Captain's request. Should the offending player refuse this request, the matter will be brought to the attention of the Board of Directors for possible disciplinary action.
- .4 Team Captains and Assistant Captains will be responsible for rating the hockey skills of players on their respective teams at the end of each respective hockey season, with due consideration to the rationale and intent of these ratings.
- .5 Team Captains and Assistant Captains will be responsible for League property and other personal property entrusted to the League. This includes water bottles and water bottle carriers, pucks and puckbags, and Team jerseys. Where the use of Team jerseys are donated to the League by individuals or businesses, Team Captains and Assistant Captains shall be responsible for the distribution, care and collection of same, and will return these materials to their rightful Owner at the completion of regular League play should the owner so desire.

#### **14. Appointment of Team Captains**

- .1 Members may serve as Team Captains indefinitely, subject to annual appointment by the League Executive, voluntary resignation, suspension or dismissal from the League.
- .2 Team Captains will be appointed annually by the League Executive, with each appointment to be decided by a simple majority vote of the members of the Executive.

#### **15. Selection of Assistant Captains**

- .1 Each appointed Team Captain will select one individual member to act as his Assistant Captain.
- .2 The selection of Assistant Captains will be subject to review and acceptance by the League Executive.
- .3 Should a Team Captain's selection of Assistant Captain be considered unacceptable to the Executive, the Executive will provide the Team Captain with the name of at least one member considered acceptable to the Executive. Should this individual be considered unacceptable to the Team Captain, the Team Captain will tender his resignation of his position, and another Captain appointed by the Executive.

#### **16. Removal from Office**



- .1 Any Team Captain and/or Assistant Captain may be removed from office for any just cause, but may remain a member in the League by a two thirds majority vote of the remaining Board of Directors.
- .2 Any member of the Executive may be removed from office, but may remain a member in the League by a two thirds majority vote of the general membership present at a Special Meeting or an Annual General Meeting.

## 17. League Statistician

- .1 On an annual basis, the League will call for at least one member to act as League Statistician on a voluntary basis.
- .2 In the event that a volunteer does not come forward, the names of all members in the League for a given year, except those already serving as members of the Board of Directors, will be entered into a random draw, where one member's name will be drawn.
- .3 A member's failure to accept the position of League Statistician, if selected in a random draw as described in these bylaws, may constitute sufficient grounds for suspension from the League, to be decided upon by the Board of Directors.
- .4 The League Statistician will constitute a non-voting position as far as League operations are concerned.
- .5 The duties of the League Statistician will include:
  - .1 Periodic collection of League game sheets and tabulation of penalty minutes assessed against individual members.
  - .2 Periodic reporting of penalty minute tabulations to the Board of Directors, generally during Regular League Meetings.
  - .3 Notification to the League President of any major penalty assessed to any League member, as soon after the alleged incident as is practical.
  - .4 Periodic notification to the League Treasurer regarding the number of games officiated by individual referees, such that appropriate payments may be made.
  - .5 Notification to the League President of any other altercation listed on game sheets which may be cause for disciplinary action by the League, based on application of the Playing Rules as described in these by-laws.
  - .6 The provision of sufficient blank game sheets to the League referees for officiating purposes.
  - .7 Maintenance of a file of game sheets over the course of the hockey season, and the presentation of this file to the League Executive at the conclusion of League play during any given season.
  - .8 Notification to the League President regarding any member's temporary suspension from League play, as governed by the Playing Rules as described in these Bylaws.

## 18. Playing Rules and Regulations

- .1 All playing rules as set forth by the Canadian Adult Recreational Hockey League or CARHA, formerly the Canadian Oldtimers' Hockey Association (COHA) will be followed, except as amended by these bylaws. **(amended April, 2003)**
- .2 Body checking will not be permitted. In the event that a player intentionally, or unintentionally physically contacts an opponent, whereas such contact may be viewed as body checking in the



- opinion of the referee, a minor penalty will be awarded.
- .3 Slapshots will not be permitted. For the purposes of definition, a slapshot will be considered any shot where a player's stick is lifted off the ice surface prior to the release of the shot. The game referee will be the sole judge of whether or not a slapshot has occurred. In the event of a slapshot, play will be stopped, and a face off will occur in the offending team's zone.
- .4 Minor penalty infractions will result in a three minute, straight running time penalty.
- .5 Major penalty infractions will result in dismissal from the game, plus an automatic three game suspension. If the major penalty is assessed for fighting, the following additional rules will apply:
- .1 On the player's first offence during a given season, a three month suspension will apply, and the player's actions will be reviewed by the Board of Directors, who may elect to take no further action, extend the suspension, terminate the player's membership in the League, or take any other action as considered justifiable by the Board.
- .2 On the player's second offence during a given season, the player's membership in the League will be immediately terminated.
- .6 Suspensions to members of the League, in terms of number of games, or length of time will be consecutive, and will be carried over from playing season to playing season as directed by the Board of Directors.
- .7 Any player judged by the game referee to overreact to a penalty call or any other stoppage of play by the referee by swearing, arguing, or otherwise delaying the game will be assessed a minor penalty at the referee's discretion.
- .8 Players are not allowed to remain within the semicircular crease area in front of an opponents goal for an extended length of time, except where they enter and exit this area while in continuous motion through this crease area, such as in the case where they move in to obtain a free lying puck.
- .1 In the event of a goal being scored while an opponent is stationed within the crease area, the goal will be disallowed, and a face off held outside the blue line.
- .9 Opposing players intentionally contacting the goaltender will be assessed a minor penalty, including such contact where it is the result of "driving to the net", either with or without the puck.
- .10 Any player physically roughing a game referee will be awarded a major penalty, which will carry an automatic dismissal from the game and an automatic three game suspension as defined above, and will have his actions reviewed by the Board of Directors, who may elect to take no further action, extend the suspension, terminate the player's membership in the League, or take any other action as considered justifiable by the Board.
- .11 Any player accumulating three minor penalties in a game will, upon receipt of his third penalty, be dismissed from the remainder of the game. In this event, the offending player's team will be paly shorthanded for the duration of the penalty.
- .12 Any player making contact with the puck with his stick carried over the level height of his shoulders:
- .1 Will cause play to be stopped by the referee, provided that, in the opinion of the referee, no other player is in the immediate vicinity (ie. within approximately 10 ft.). In this event, a face off will occur in the offending teams' zone.
- .2 Shall be awarded a minor penalty, provided that, in the opinion of the referee, another player or players from either team are within the immediate vicinity (ie. within approximately



10 ft.). In this event, a face off will occur in the offending team's zone.

- .13 The following disciplinary action will be applied in the case of the accumulation of penalty minutes, including major and minor penalties, during a playing season:

Accumulated Penalty Minutes	Disciplinary Action
25 minutes	One (1) game suspension
36 minutes	Two (2) game suspension
42 minutes	Three (3) game suspension
50 minutes	Five (5) game suspension plus review by Board of Directors for possible suspension for balance of playing season

- .14 Players receiving suspensions:
  - .1 Will commence serving their suspensions immediately in the event of suspensions governed specifically by these bylaws
  - .2 Will commence serving their suspensions immediately upon advice of same provided to his Team Captain or Assistant Captain in the event of suspensions handed down by the Board of Directors
  - .3 Will serve notice to the Board of Directors of their serving of such suspension by delivering a letter to his Team Captain or Assistant Captain indicating the date or dates of games during which he has been suspended from play. Such letter will be signed by the suspended player, as well as the Team Captain or Assistant Captain, and will be delivered to the Board of Directors by the Team Representative at the next regular League meeting. Any player, Team Captain or Assistant Captain who fails to abide by this requirement may incur further disciplinary action by the League, who may elect to take no further action, extend the player's suspension, terminate the player's membership in the League, or take any other action as considered justifiable by the Board, which will include consideration of suspension of the Team Captain and/or Assistant Captain.
- .15 Any team may request a review of the need for disciplinary action against any player in the League who does not conform to the nature and recreational hockey intent of the League by applying for same to the Board of Directors. Such a request will be made in writing, will be signed by the Team Captain and/or Assistant Captain, and will be properly presented before the Board at the next regular meeting.
- .16 The Board of Directors will have ultimate authority over all member's rights and privileges to play in the League.

**19. Member Hearings**

- .1 Any member may be present during meetings held by the Board of Directors during the time that his case is initially being reviewed, and may request that the Board of Directors provide him with a specific time during the meeting during which time he may present information for consideration by the Board in it's decision making process.

**20. Protective Equipment**



- .1 All players must wear protective hockey helmets.
- .2 All players are expected to wear appropriate hockey protective equipment in the customary manner. Players who do not comply with this directive will be given a warning by the game Referee, of either Team Captain or Assistant Captain in attendance at the game in the presence of the Referee. Players who do not comply with this directive following receipt of this verbal warning will not be allowed to participate in the game until such time as they do comply.
- .3 Goaltender skates will only be worn by the player playing the goaltending position.